



Laurie Curry Copithorne, MS, MBA, RD (CDN), FDC

FOUNDER & EXECUTIVE STRATEGIST



Laurie Curry Copithorne is the founder and executive strategist of Food For Health, A Division of LKC Strategist, LLC. She founded Food For Health to unite stakeholders from the food, agriculture, government, academic, and health sectors under a shared vision and voice to become a force for good. Having worked in agriculture, food, nutrition, and health sectors for three decades, she helped to initiate the global food industry revolution.

As an executive for the Canadian food industry, Laurie tackled some of the industry's toughest issues. She paved the way for Canada's first on-package health claims, harmonized North American nutrient enrichment policies, privatized drug advertising preclearance, and initiated a global food industry movement and solution to allergen management which has saved countless lives.

She has developed award-winning strategies for companies looking to transform into health and wellness leaders.

Laurie, a registered dietitian, organizational chair, and health professional, has provided strategic advice to national international food and health professional organizations, foundations, and governments.

Laurie understands the importance of bringing the entire agri-food chain from consumers, farmers, primary producers, further manufacturers, grocery distributors, and retailers together in solidarity to address complex issues. The most important issue facing the food industry today is its leadership role in the health of people and the planet. It is about connecting profit with purpose and elevating our food system to be in greater service to people and the planet.

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